

14 September 2020

To: Parents and Carers of all students

Dear Parent/Carer

I am writing to you with information regarding our catering provision and menus that are available. We will be operating on a 3 week cycle and will share which week we are on throughout our social media sites so everyone is aware. To confirm we are currently on week 2.

Menu choices are also available on our website alongside prices:

<http://www.westlakesacademy.org.uk/about-us/general-information/school-meal-provision/>

Please let us know if you have any questions or queries about this.

Yours faithfully



Melissa Relph  
**Vice Principal**

Principal: James Jackson  
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# Autumn Lunch Menu 2020



Week1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Shepherds Pie	Traditional Lasagne	Chicken Tikka & Rice	Macaroni Cheese or Macaroni Cheese & Bacon 	Breaded Haddock or Pizza
<b>Vegetarian Main Meal</b>	Shepherdess Pie	Vegetable Enchiladas with Nachos	Roast Vegetable Tikka & Rice		Chips or Oven Baked Wedges
<b>Grab Bag</b>	Choice of Sandwich with traybake or fruit pot				
<b>Street Food Counter</b>	Hot Baguette Or Chicken Wrap	Hot Baguette Or Chicken Wrap	Hot Baguette Or Chicken Wrap	Hot Baguette Or Chicken Wrap	Hot Baguette or Chicken Wrap
<b>Pasta Counter</b>	Tomato & Mascarpone Pasta	Tomato & Basil Pasta	Chicken Fajita Pasta	Tomato & Chorizo Pasta	Spicy Sausage Pasta
<b>Family Favourites</b>	Shortcake or Grasmere Ginger cake	Shortcake or Grasmere ginger cake	Shortcake or Grasmere Ginger Cake	Shortcake Or Grasmere Ginger Cake	Shortcake or Grasmere Ginger Cake

# Autumn Lunch Menu 2020



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Chilli Con Carne & Rice	<b>Chicken &amp; Ham Pie</b>	Sweet & Sour Pork & Rice	Beef Stew	Breaded Haddock Or Pizza
<b>Vegetarian Main Meal</b>	Quorn and Vegetable Chow Mein		<b>Tuna Pasta Bake &amp; Garlic Bread</b>	Cheese & Onion Pasty & Herby Potatoes	Vegetable Chilli & Rice
<b>Grab bag</b>	Choice of Sandwich with tray bake or fruit pot				
<b>Street Food Counter</b>	Hot Baguette Or Chicken Wrap	Hot Baguette Or Chicken Wrap	Hot Baguette Or Chicken Wrap	Hot Baguette Or Chicken Wrap	Hot Baguette Or Chicken Wrap
<b>Snack Shack</b>	Herby Tomato Pasta	Beef Bolognaise Pasta	Pepperonata Pasta	Arrabiata Pasta	Meatball Marinara Pasta
<b>Family Favourites</b>	Chocolate Crunch or Flapjack	Chocolate Crunch Or Flapjack	Chocolate Crunch Or Flapjack	Chocolate Crunch Or Flapjack	Chocolate Crunch Or Flapjack



# Autumn Lunch Menu 2020



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Chicken Korma & Rice	Cottage Pie	Cornish Pasty & Herby Potatoes	Chicken Enchilada & Nachos	Breaded Haddock Or Pizza
<b>Vegetarian Main Meal</b>	Chick Pea & Spinach Thai Curry & Rice	Stuffed Omelette	Vegetable Spring Rolls & Rice & Curry Sauce	Sicilian Vegetable Pasta Bake	Chips Or Oven Baked Wedges
<b>Grab Bag</b>	Choice of sandwich with tray bake or fruit pot				
<b>Street Food Counter</b>	Hot Baguette Or Chicken Wrap	Hot Baguette Or Chicken Wrap	Hot Baguette Or Chicken Wrap	Hot Baguette Or Chicken Wrap	Hot Baguette Or Chicken Wrap
<b>Snack Shack</b>	Tomato & Basil Pasta	Mediterranean Chicken Pasta	Chicken & Chorizo Pasta	Red Thai Chicken Curry	Tomato & Meatball Pasta
<b>Family Favourites</b>	Chocolate Short Cake Or Australian Crunch	Chocolate Shortcake Or Australian Crunch	Chocolate Shortcake Or Australian Crunch	Chocolate Shortcake Or Australian Crunch	Chocolate Short Cake Or Australian Crunch