



West Lakes Academy Preparing for Your Exams

Your upcoming GCSE and BTEC exams are really important for you and we want to make sure that every barrier to your success has been removed. There is so much information out there that knowing where to start and what to do can be overwhelming. You then want to ensure that the time you dedicate to your exams has maximum impact as well.

This document has links to all of our key resources that we have designed to help you revise and support you over the next few months. It also outlines other support that is available to you including what to do if the pressure of your exam year starts to weigh heavy on you.

The password for any links below is WLA356

Getting Organised

Planning how you use your time is key. Use this template to plan your week, and then review how it has gone at the end. You will have time to do this in tutor and all subjects will be setting you revision homeworks. Remember to think about what you will produce and where you will do your revision as well.

Use this simple revision timetable here

https://docs.google.com/document/d/1vccMcOQtFW8WHNCZ7z_IV1fyZOEbVTcO/edit or the paper copy in your tutor booklet. Make sure you share it with your parents at home so they can help you complete it.

How Should I Revise?

It is important that you use expert guidance to support your efforts in revision. All of our subjects have produced specific revision guides to help you, these are here. Subject specific resources such as recommend revision guides, how to access exam questions and what topics to revise are detailed here.

<https://drive.google.com/drive/u/4/folders/1i5TNEuCeLMC7Y0PuAeQMZXLgYVJrXvL6>.

We have also produced a guide to which revision methods you should use, what you should end up producing and subjects have begun to recommend which work best for you. You shouldn't carry out any revision without reviewing this document first.

https://drive.google.com/file/d/1OOLbKQeoAcBSDyqnsWQCIANhsXQTtkiO/view?usp=share_link

More Top Tips

You will already have received a copy of our WLA GCSE Survival Guide. If you have lost it or would like a digital copy to review please access it here.

<https://docs.google.com/presentation/d/1z7wbRNxDgpdwpQSpISkamFg5Kv6ALyXW/edit#slide=id.p1> It has loads of tips, tricks and support for the upcoming months.

Coping with Exam Stress

Your exam years are famous for causing stress and a little bit of pressure can help support you to work, but if you are worried that the pressure is all too much these three websites can provide help and support whenever it is needed.

<https://www.gov.uk/government/publications/coping-with-exam-pressure-a-guide-for-students/coping-with-exam-pressure-a-guide-for-students#contents>

<https://www.youngminds.org.uk/young-person/coping-with-life/exam-stress/>

<https://www.mind.org.uk/information-support/for-children-and-young-people/exam-stress/#:~:text=Exam%20stress%20can%20affect%20how,during%20and%20after%20your%20exams.&text=When%20feelings%20of%20stress%20become,feel%20harder%20to%20cope%20with.>

Handy Posters and Flashcards

As we have seen above flashcards and visual guides provide a great way of checking that what you are doing is correct and that you are using your time effectively. We are sharing a series of support posters/flashcards through our Facebook feed, but if you would like to print them out for home or review them all together they can be accessed here.

https://drive.google.com/drive/folders/1iEAvszVDYnNbibmAF-BptYJXM73I9ERb?usp=share_link

Support through West Lakes Academy

After school intervention sessions are available for subjects every day after school. You will have these shared in tutor and you can attend these to ask specific questions or get support in revision

We have set up S2 so that it is supervised every Monday to Thursday until 4:30pm. This is known as 'Prep' and provides a quiet settled environment so that you can complete some high quality revision without any distractions. You also have access to computers so that you can complete any online revision apps like Tassomai without using up any data or power...

Due to our rural location we know that accessing after school revision can be a challenge. To remove this barrier we have funded transport after school at 4:30pm that will support any year 11 in getting home after a revision session. Don't forget to sign up for a seat in tutor.

Above all else your tutor should be your first point of contact, they will be able to help you with all of this above and more. All of your subject teachers and any other teacher will also help you with any question. We know how challenging this year can be and if we work together know you can achieve amazing outcomes.